



**DEPARTMENT OF THE ARMY**  
PUBLIC HEALTH ACTIVITY-JAPAN  
UNIT 45005, APO AP 96343-5005

MCHB-RP-J

22 September 2020

PHA-J "Samurai Dogs",

Greetings from Zama! I would like to briefly introduce myself and offer my personal thanks to the volunteers and Soldiers who contribute to the Soldier and Family Readiness Group (SFRG).

My name is Ifat Levine. My husband, Matthew, and I arrived to Camp Zama, Japan this summer with our three children: Liam (10), Eden (8), and Emma (4). We are so excited to be here and honored to be part of the PHA-J Family.

At our last assignment in Baumholder, Germany, I was fortunate to lead the 64th (MDVSS) SFRG. I saw how a strong SFRG can benefit the Soldiers and their Families' lives in a positive way and can improve our military experience especially while serving overseas. I deeply appreciate the importance of an active SFRG in providing a support system and a vital link in exchanging information between unit leadership and Soldiers and Families.

I am grateful for the opportunity to lead our PHA-J SFRG and look forward to meeting you all in person. I know that we are all spread around Japan, but we will do our best to stay connected and to provide support and useful information as needed to each of our teams.

**SFRG Focus:**

Our focus is to provide an avenue of mutual assistance and support as well as a network of communication between the Family members and the chain of command at all times. We aim to enhance the flow of accurate information to build morale and readiness within our organization.

**SFRG Goal:**

By promoting self-sufficiency, resiliency, and stability, we will have a seamless force of mission-ready, self-reliant Families that are able to solve problems at all levels.

Please do not hesitate to reach out to me with any questions you may have. I will do my best to answer them or to connect you with someone who can.

May you all stay well and enjoy your experience in the Land of the Rising Sun :)

Best Wishes,

  
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